



युवा कार्यक्रम  
एवं खेल मंत्रालय  
MINISTRY OF  
YOUTH AFFAIRS  
AND SPORTS



# WEEK

15-21 November 2023

**FITNESS KI DOSE**

AADHA GHANT R 30 Z

**ATHLETICS**

**CRICKET**

**FOOTBALL**

**CHESS**

**VOLLEYBALL**

**KABBADI**

**BADMINTON**

**CARROM**

**TABLE TENNIS**

**BASKETBALL**

**MEDITATION**

**YOGA**

*Chief Patron*

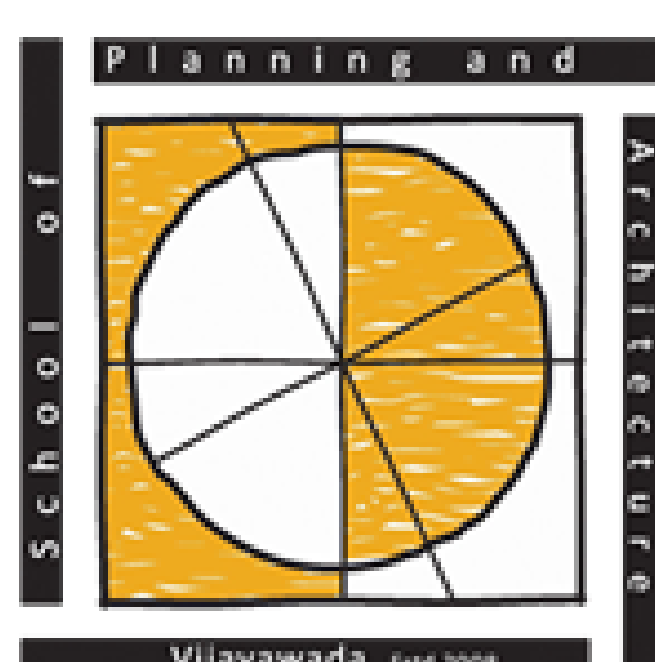
**Prof. Dr. Ramesh Srikonda**  
Director

*Patron*

**Dr V Krishna Kumar Sadhu**  
Dean Student Affairs

Organised by

Fit India, Sports, Yoga & Health Club

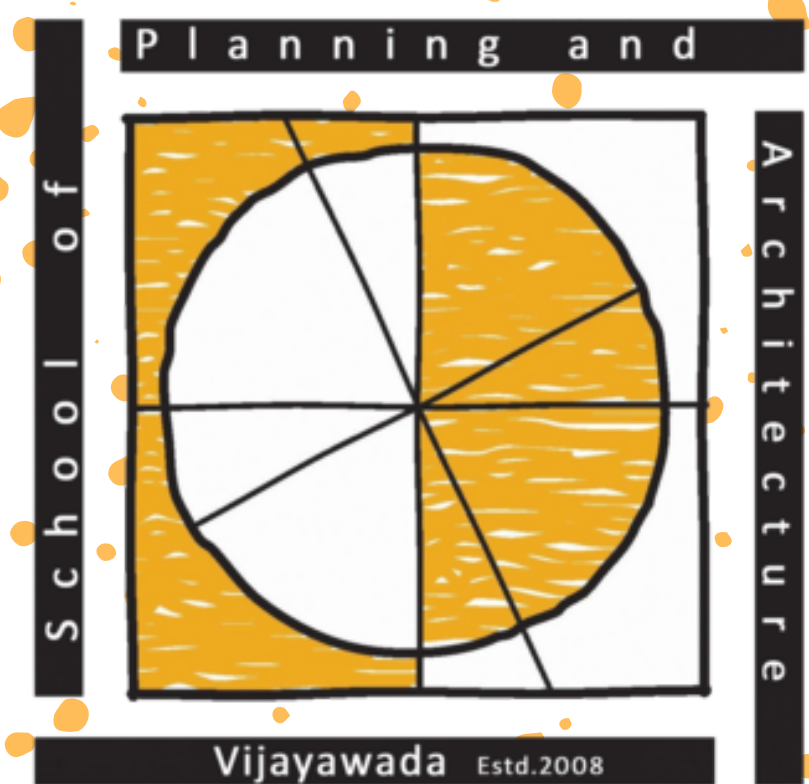


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GET READY FOR THE EXCITING WEEK



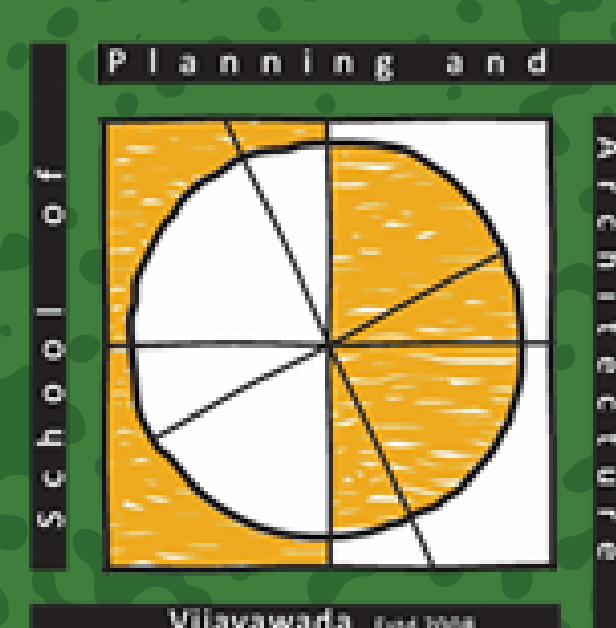
# ANNUAL SPORTS FEST SPAV

FIT INDIA WEEK



NOVEMBER 15-  
NOVEMBER 21  
VENUE: SPAV MAIN  
GROUND

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1<sup>st</sup>

**FIT INDIA WEEK**

# **FIT INDIA INAUGURAL**

**DATE : 15.11.2023**

**TIME : 03:00PM**



## **RUNNING**

**100 METRES  
400 X 100 METRES RELAY**

## **SHOTPUT DISCUS THROW JAVELINTHROW**



**DATE : 15.11.2023**

**TIME : 3:30 PM**

**VENUE : MAIN GROUND**

**Fit India, Sports, Yoga & Health Club**



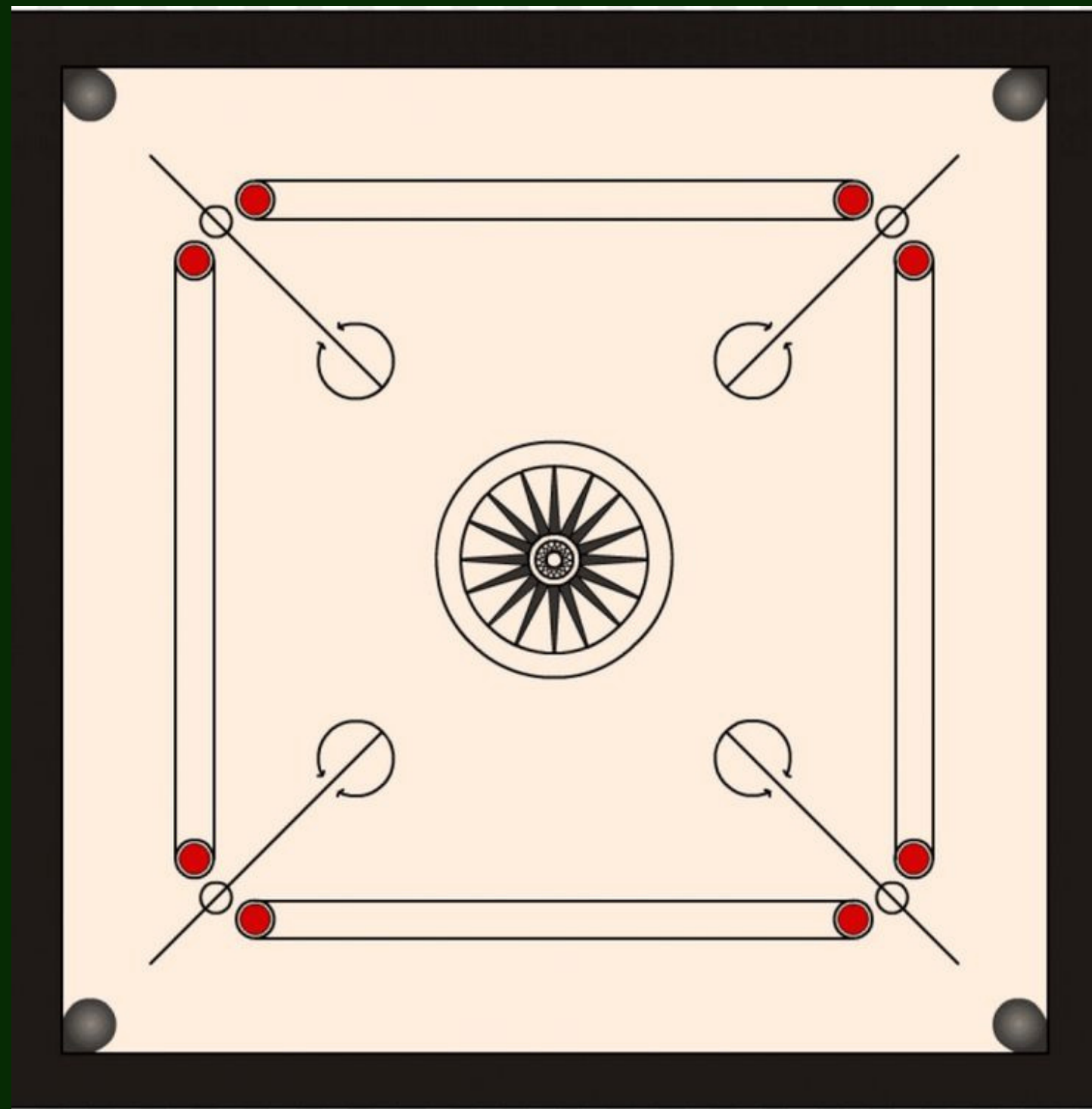
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# FIT INDIA WEEK

## CHESS



DATE : 16.11.2023

TIME : 3:00 PM

VENUE : CAFETERIA

## CARROM

## TABLE TENNIS

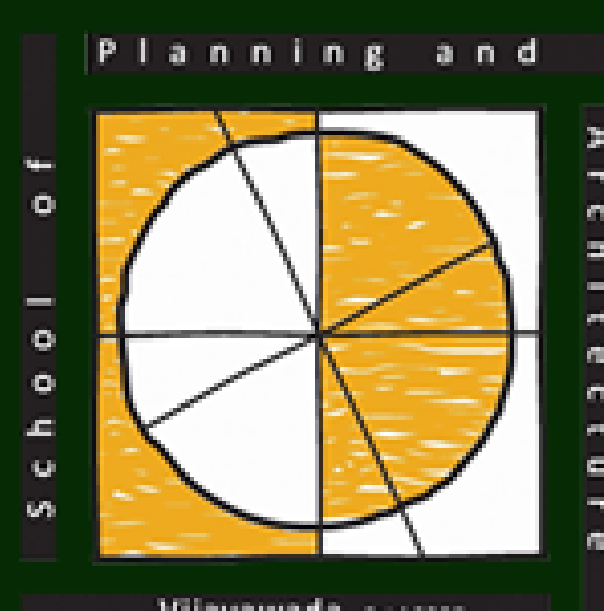


# VOLLEYBALL

DATE:16.11.2023

TIME:5:00PM

VENUE:VOLLEYBALL COURT



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**FIT INDIA WEEK**

# **BOX CRICKET**

**DATE : 17.11.2023**

**TIME : 3:00 PM**

**VENUE : BASKETBALL COURT**



# **FOOTBALL**

**DATE : 17.11.2023**

**TIME : 6:00 PM**

**VENUE : MAIN GROUND**



# **DENTAL HEALTH CAMP**

**DATE : 17.11.2023**

**TIME : 10.00 AM - 05.00 PM**

**VENUE : EXHIBITION HALL**



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**FIT INDIA WEEK**

# BADMINTON



DATE : 18.11.2023  
TIME : 9:00AM  
VENUE : INDOOR  
STADIUM

# BASKETBALL

DATE : 18.11.2023  
TIME : 5:30 PM  
VENUE : BASKETBALL COURT



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**FIT INDIA WEEK**

**COMPETITIONS**



**ESSAY WRITING**

**QUIZ**



**DEBATE**



**POSTER MAKING**



**DATE : 19.11.2023**

**TIME : 10:00AM**

**VENUE : EXHIBITION HALL**



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**FIT INDIA WEEK**

# YOGA, MEDITATION FITNESS



**DATE:20.11.2023**

**TIME:6:00AM**

**VENUE:IN FRONT OF MESS**

## FITNESS ASSESMENT THROUGH MOBILE APP



## KABADDI

**DATE : 20.11.2023**

**TIME : 6:00 PM**

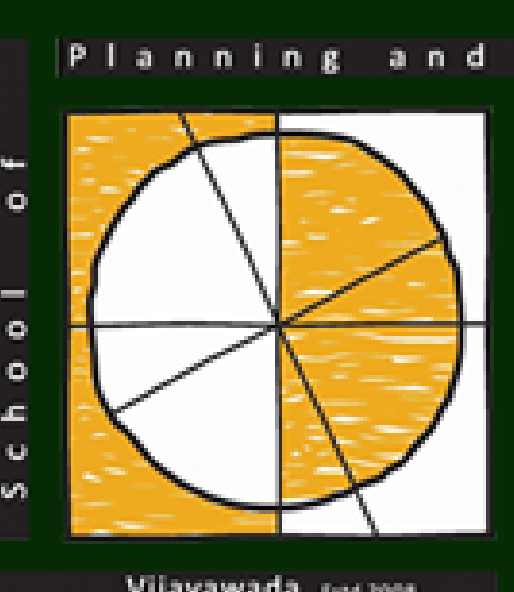
**VENUE :VOLLEYBALL COURT**

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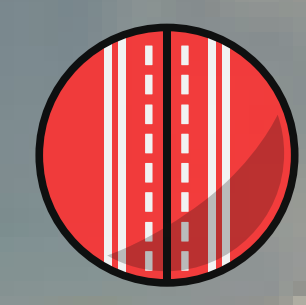
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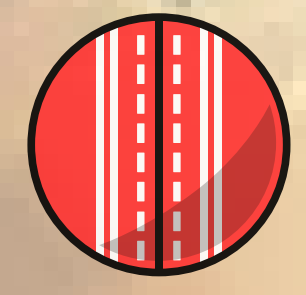


**FIT INDIA WEEK**

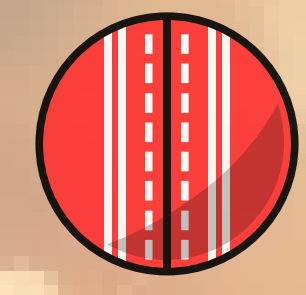
# **FACULTY VS STUDENTS CRICKET MATCH**



**DATE: 21/11/2023**



**TIME: 8:00AM**



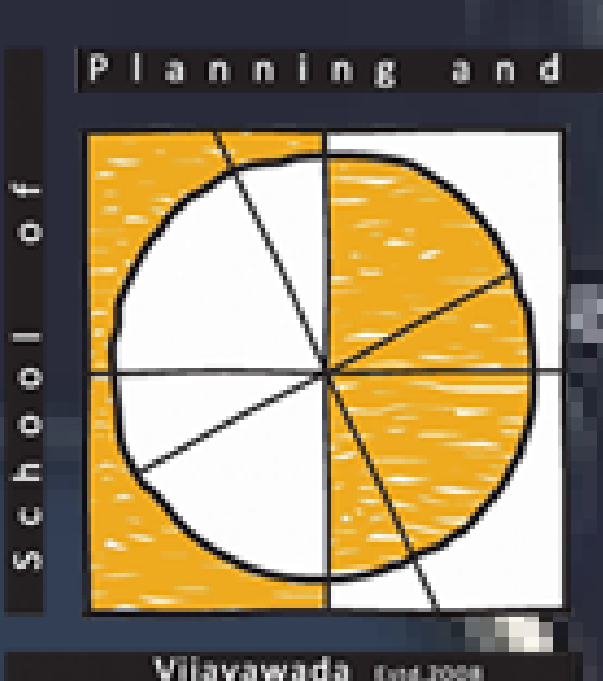
**VENUE: MAIN GROUND**

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# ANNUAL SPORTS DAY

**CULTURALS**

**PRIZE  
DISTRIBUTION**

**MUSIC | DANCE**

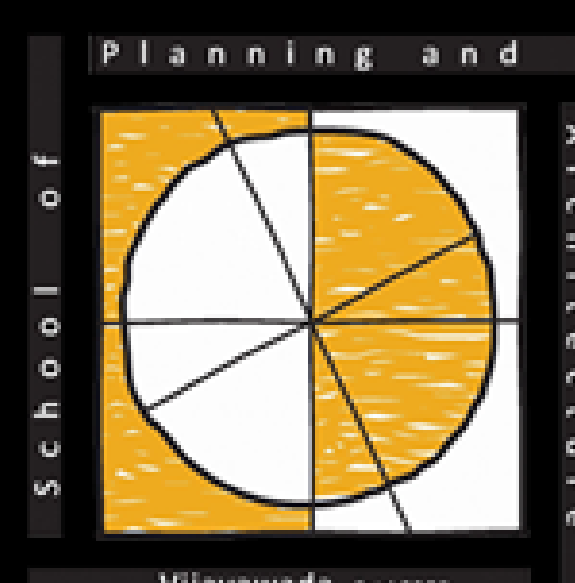
**FITNESS PLEDGE**



**NOVEMBER 21, 2023**

**TIME: 6:00 PM**

**VENUE: MAIN OAT**



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